# **Conference Agenda**

0-1	
Saturday 7.12.2019	
11:00 am to 11:30 am	Registration and Reception
11:30 am to 12:00 pm	Opening ceremonies
	Welcome presentation
	ART AS A MEAN OF PHYSICAL ACTIVITY: Maximizing benefits in
	adopting an active and healthy lifestyle in all ages
	Dr VASILIKI ZISI
	Department of Physical Education and sport Science, University of Thessaly, Greece
12:00 am to 12:30 pm	Keynote 1
	European Policies for the Cultural and Creative Industries Dr EUGENIO DE CARO
	Department of Human Sciences and Innovation for the Territory,
	University of Insubria, ITALY / Coordinator of the OBLOMOV project
	Chair: Stefanos Dalasis
12:30 pm to 1:00 pm	Keynote 2
	Creative Movement and Dance in Elementary Schools: Research Evidence
	Dr ELISAVET KONSTANTINIDOU
	Department of Life and Health Sciences, University of Nicosia, CYPRUS
	Chair: Dr Vasiliki Zisi
1:00 pm to 1:30 pm	Keynote 3
	Expression through movement as a dimension of well-being in school life: interdisciplinary and intercultural approaches
	Dr EVA PAVLIDOU
	School of Early Childhood Education Aristotle University of Thessaloniki
	Chair: Elisavet Konstantinidou
1:30 pm to 2:30 pm	Lunch break
2:30 pm to 3:00 pm	Presentation
	Dancing body: the mean(ing) of self-expression in performance Dr ELISANA POLLATOU
	Department of Physical Education and sport Science, University of Thessaly, Greece

Chair: Eva Pavlidou

3:00 pm to 3:30 pm Presentation

A first approach to acting art, having as a material - "text" comics

Dr. Stefanos Ntalasis

Artistic Director of the Municipality of Trikala / Director.

Chair: Dr. Dimitra Katsarou

3:30 pm to 4:00 pm Coffee Break

4:00 pm to 5:00 pm Lab presentation:

Applied Leisure Science Lab: Outdoor, Sport, Arts

Dr. Charilaos Kouthouris

Apple Lab director, Department of Physical Education and sport

Science, University of Thessaly, Greece

A different presentation:

Aerial dance project: My experience from another point of view

Dr. Aglaia Zafeiroudi

Department of Physical Education and sport Science, University of

Thessaly, Greece

5:00 pm ---- End of the first day ---

8:00 pm to who knows? Evening social event: Greek food and music!

Restaurant Aigli (Hotel Panellinion)

Participation cost: 15 Euros

## **Sunday 8.12.2019**

9:30 to 11:00

### **Expressive and creative activities in Physical Education**

Dr NIKOLAOS DIGELIDIS

Department of Physical Education and sport Science, University of Thessaly, Greece

Chair: Dr. Eugenio de Caro

### The Oblomov project

Dr EUGENIO DE CARO

Atelier Europeo / Coordinator of the OBLOMOV project

#### The Greek participation in the Oblomov project

Dr VASILIKI ZISI

Department of Physical Education and sport Science, University of Thessaly, Greece

# Facilities and Difficulties in the Implementation of out of School Curriculum interventions - The Case of Oblomov

Dr DIMITRA KATSAROU

Department of Physical Education and sport Science, University of Thessaly, Greece

11:00 am to 11:30 am

Coffee Break

11:30 am to 1:00 pm

#### Symposium 1. Applying the Oblomov project in Greek schools

Organizer/Chair: Discussant: Dr NIKOLAOS DIGELIDIS

- Applying the OBLOMOV project in the .... school of Trikala.
   ACHILEAS KOUTELIDAS
- Applying the OBLOMOV project in .... Larissa, IOANNA ZARKATZIA
- Applying the OBLOMOV project in the ... school of Ptolemaida.
   ANASTASIA MAGGOU
- Applying the OBLOMOV project in the artistic school of Thessaloniki. ALEXANDRA MYLONA,

# Symposium 2. Applying the Oblomov project in grassroots sports.

Organizer/Chair: Dr. VASILIKI ZISI, Discussant: Dr GEORGE LOULES

The case of the Soccer sport club "Artemis" in Trikala

DESPOINA MAKRI, ATHANASIA FEFEKOU, ....

1:00 pm to 2:30 pm

Closing ceremonies – Buffet lunch